

What's on Term 4, 2012

Upper Hunter Community Services Inc.

Below are dates that we are holding Parent groups across the Muswellbrook and Upper Hunter areas.

All programs are free of charge and childcare is available

Bookings essential.

Date/Time	Event	Other information
Thursdays 18 th Oct – 8 th Nov 9.30am -11.30am	→ Triple P Group 4 weeks x 2hr session	Venue: QEII Building CNR Market & Bridge St's Muswellbrook.
15 th Nov -29 th Dec	→ Followed by 3 weeks x 15min phone call	
Thursday 6 th Dec 9.30am -11.30am	→ Last week x 2hr session	
Thursdays 18 th Oct- 8 th Nov 12.30pm-2.30pm	→ Triple P Group 5 weeks x 2hr sessions	Venue: QEII Building CNR Market & Bridge St's Muswellbrook.
15 th Nov-29 th Dec	→ Followed by 3 weeks x 15min phone call	
Thursday 6 th Dec 12.30pm-2.30pm	→ Last week x 2hr session	
Wednesdays 10.30am- 12noon	Triple P Seminar	Venue: Hunter Park Family Centre, Wollombi Road, Muswellbrook.
24 th Oct,	→ The power of positive parenting.	
31 st Oct &	→ Raising confident,competent children.	
7 th Nov	→ Raising resilient children.	
Wed 21 st Nov 9.30-2.00pm	→ 123 Magic & Emotion Coaching	Venue: Aberdeen Public School.
Thurs 22 nd Nov 9.30-2.00pm	→ Engaging Adolescents	
Friday 30 th Nov 9.30am- 2.00pm	→ 123 Magic & Emotion Coaching	Venue: Muswellbrook Public School.
Friday 7 th Dec 9.30am-2.00pm	→ Engaging Adolescents	

Upper Hunter Community Services Inc

Cnr Bridge and Market Street's

Muswellbrook, NSW 2333

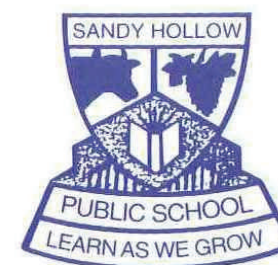
Phone: 02) 6542 3555

www.uhcs.org.au

E-mail: group@uhcs.org.au

Additions and Attachments

- ♦ James Estate Funday flyer.
- ♦ Waste Free Lunch flyer.
- ♦ What's on Term 4 UH Community Services.



SANDY HOLLOW SNIPPETS

"Creating Future Leaders"

Phone: 6547 4521

Fax: 6547 4450

31st October 2012

Beef Bonanza Education Day

Last week, the beef bonanza team travelled to Scone to participate in an education session. Students completed three classes in the morning - grooming, parading and junior judging. They were given lots of information and tips about what to do and not do when showing cattle. They learnt about looking for muscle, fat content and yield when judging cattle. They also learnt about presenting themselves and the steer so that they catch the judge's eye. At the end of the day, Luke Sheen and Simon Budden received prizes for encouragement. Everyone is excitedly looking forward to the competition this week. Thank you to the staff and students of St Joseph's at Aberdeen for organising and hosting the day, and thank you to Mr and Mrs Walker and Larna Upward for assisting with transport and supervision on the day.

Beef Bonanza

The actual beef bonanza will be held this week in Scone over three days - Friday, Saturday and Sunday. The students have been working hard with Mr and Mrs Walker as they make final preparations this week. I would like to wish the team all the best. I'm sure they are going to represent the school well.

Raw Art

On Tuesday, 6th November, we will be joined by students from Rouchel PS and Cassilis PS for a full day of Raw Art workshops. All groups will be doing some form of printing. For the rest of the day, we have organised a trivia challenge and music, art and drama activities. There will be no cost for this activity as the P&C have generously agreed to fund the \$7.50 per child fee.

DATES TO REMEMBER

Please return all Presentation Night
Trophies as soon as possible.

Go Go Golf Fri 2nd Nov
Beef Bonanza White Park, Scone
Fri 2nd Nov to Sun 4th Nov

Raw Art workshops Tues 6th Nov
Remembrance Day Fri 9th Nov

Book Fair is coming in Week 5!

Canteen Monday 5th Nov
Nicola Field

Monday 12th Nov - Katie Thompson

Next Toybox - Mon 5th November

Claim the Date

Next P&C meeting Thurs 15th Nov

Year 6 Bursary Test

Good luck to Emmett Scott, who is sitting for the RSL Bursary test this week.

Go Go Golf

Our last session of Go Go Golf will be held this Friday. Students are reminded that they need a hat if they wish to participate.

Remembrance Day

We will be holding our Remembrance Day ceremony on Friday 9th November. Students will actively participate in the ceremony. Students have already been selected to be master of ceremonies and to read parts. Close to the day, we will have some practice with the running of the ceremony and the very important job of laying the poppies.



Woolies Earn and Learn

We have just finalised our order for classroom resources using the points gained in the Earn and Learn program. We have ordered a variety of things, including musical instruments, science equipment, literacy resources, maths resources and Aboriginal education resources. We probably will not receive our order until early next year.

Workers of the Week

K/1/2 - Andrew Harris and Matthew Allen.
3/4/5/6 - Emmett Scott, Georgie Russell, Amy Thompson, Nick Roberts.

There are a number of parents who have not yet cashed their refund cheques from the Aussie Bush Camp excursion.

If you do not present your cheque before 15th November, it will be cancelled.

If you have lost it, please call the school.

Student of the Week



Chelsea Borradaile - consistent application in all areas.

Weekly Awards

- ♦ Simon Budden - great listening skills at Beef Bonanza education day.
- ♦ Gracie Russell - great parading at Beef Bonanza education day.
- ♦ Luke Sheen - being a great buddy with the new Kinders.
- ♦ Taylor Byfield - great listening skills at Beef Bonanza education day.
- ♦ Nicholas Terrell - outstanding reading skills.
- ♦ Cambell Hinze - reading award.

Welcome

To our newest Kinder orientation student, Kallie Lawrence, who began today.

Kindergarten Orientation

The year 5 children Sebastian Owen, Simon Budden, Taylor Byfield, Georgie Russell, Amelia Harris, Luke Sheen, Hugh Higgins and

Chelsea Borradaile are the new Kindergarten's buddies. They also take on the role of group leader during the peer support activities each Wednesday afternoon.

This week, Kindergarten Orientation began with a focus on what to do if you find a task difficult. How do we ask for help?

Firstly the children learnt it is important to try on your own; then, if it is too difficult, they need to say "I need help", in a nice voice; and finally they must remember to say "thank you" to the person who helped them.

Peer Support

Following lunch the entire school enjoyed a variety of outdoor activities. We broke into our groups following a discussion on the focus of the week, which is "asking for help and saying thank you".

The children are reminded to use this skill as they participate in the games.

There are numerous situations at school in which we can encourage the children to use this skill. Also at home if your child says that they are unable to do something you could respond the same way, therefore demonstrating that home and school are working together.

Asking for Help

Talk about the importance of trying on your own first. Sometimes people ask for help instead of trying something difficult by themselves, but doing something difficult on your own can give you a feeling of pride.

Say "I need help". Acknowledge that sometimes it is frustrating when something is difficult to do, but stress the importance of using nice talk.

Saying "thank you" - talk about nice things people do for you. Tell the children that saying thank you is a way to let someone know you are happy about what the person did for you.

SCONE SINGERS 15TH ANNIVERSARY CONCERT

SATURDAY 10TH NOVEMBER 2012

7 PM SCONE HIGH SCHOOL

GUNDY RD, SCONE

\$10 ADULT ADMISSION AT THE DOOR

INCLUDES TEA/COFFE/Slice

PROVIDED BY SCONE HS P&C

Children free

**Come and enjoy Scone Singers perform
their**

favourite songs from the last 15yrs.

Special guest performers

Jill Carter and Susan Davis

Accompanist - Jennifer Kershaw

Have your say

As part of its award-winning Sustainable Communities Project, Mt Arthur Coal is inviting you to have a say about how the mining company's local investments, programs and partnerships are bene-ting the community.

You can have your say by:

Completing a community perceptions survey at www.surveymonkey.com/s/mtarthur2012

For a hard copy of the survey call 65445305. The survey closes on 13 November 2012. Mt Arthur Coal will donate \$10 to the Muswellbrook Hospital Auxillary for every survey completed.

Attending a Community Think Tank to share your views on how well local issues are being addressed and what else has to be done

5.30 pm to 7.00 pm, Thursday 8 November, Muswellbrook Regional Arts Centre, Cnr Bridge and William streets. To assist with catering, please RSVP to Sarah Knoll by 6 November 2012.

For further information contact Sarah Knoll on 6544 5305

or Sarah.Knoll@BHPBilliton.com.