

From the P&C

There will be a sausage sizzle on Tuesday 3rd April, prior to the Easter Hat Parade. Cost will be \$2 per sausage in a slice of bread. A reminder note will go home on Monday.

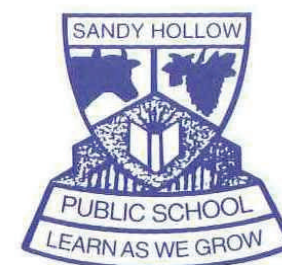
A REMINDER

CANTEEN WILL BE OFFERED ON THE FIRST DAY BACK OF TERM 2 WHICH IS TUESDAY 24TH APRIL.

Thank you - Canteen Co-ordinator

Additions and Attachments

- ♦ Fruit and veg made easy information.
- ♦ National Parks flyer.
- ♦ Some receipts.
- ♦ Raw Art information letter.



SANDY HOLLOW SNIPPETS

"Creating Future Leaders"

Phone: 6547 4521
Fax: 6547 4450

28th March 2012

PSP Surveys

Thank you to all families who returned their surveys. They have been sent off for collation and we should hear back some time in October regarding whether or not we were successful in gaining additional funding for the school.

Congratulations to the Turner family, who won the return survey raffle.

Bursting with Energy Expo

Last Friday, the whole school visited the Bursting with Energy Expo that is run in conjunction with the Muswellbrook Show. The students were entertained by the Questacon team, as they learnt about various forces such as gravity and friction. Bella very bravely volunteered to demonstrate what happens when force is spread over a larger area and that you can in fact sit on 400 pointy nails without hurting yourself!

We then watched a performance about sustainability. The students were introduced to a new invention - clothing, that would help reduce the amount of electricity used in homes for heating and cooling.

Finally, we moved onto the mining expo. We were informed about how coal mines care for the environment, how they monitor noise, safety clothing worn by employees while on site and waste disposal. This session concluded with all students being given an iceblock and a showbag.

We would like to thank Mangoola Mine who organised the day for us. They paid for our admission into the show and for our transport to and from Muswellbrook.

DATES TO REMEMBER

Excursion 1st Installment Due
Fri 30th Mar

Pet Care Visit
Fri 30th Mar

Zone Cross Country
Mon 2nd Apr

Sausage Sizzle - Easter Hat Parade
- Assembly - Raffle Draw
Tues 3rd April 1.15pm

Canteen Monday 2nd April -
Vanessa Harper
Tuesday 24th April - Vanessa Harper

No Toybox - Monday 23rd April

Claim the Date

Raw Art workshops	Wed 2nd May
Photos	Mon 14th May
Pittman Cup	Wed 30th May
Trivia Night	Sat 23rd June
Aussie Bush Camp	25th to 27th July



Nutrition Snippet Fruit & Veg Made Easy

Do you struggle to get your kids to eat fruit and veg?

Eating more fruit & vegetables could be the simplest change you can make to improve your family's health! In 2010, three-hundred parents took part in a Fruit & Veg \$ense session as part of a randomised controlled trial (gold-standard study) that has recently been published in the international journal *Public Health Nutrition*. The study showed that the local parents who attended the program increased the amount of vegetables and fruit they ate by half a serve a day. The sessions also gave parents confidence and skills to make dietary changes.

Join them and attend a free Fruit & Veg \$ense session, showing you:

- \$ How small changes can make a big difference
- \$ Money saving ideas \$\$\$
- \$ Tips to tempt fussy eaters
- \$ Easy, family-friendly recipes

These free **Fruit & Veg \$ense** sessions are brought to you by the Cancer Council NSW Eat It To Beat It Program. To register for a session visit www.cancercouncil.org.au/eatittobeatit/register (sessions now available for March & April) or phone 4923 0710.



Purple Day - Relay for Life

We will be holding an out of uniform day on Friday 30th March. All students are encouraged to wear something that is purple and to make a gold coin donation. Community members are also encouraged to make a donation. All money collected will go towards Emmett Scott's team, who are participating in the Relay for Life in Muswellbrook on the weekend.

Petcare Visit

On Friday, a team from Petcare will visit the school. All students will participate in an information session about caring for pets, including feeding your pet nutritional food, giving your pet adequate exercise, flea treatments and worming.

3-4-5-6 Excursion

The first instalment of \$100 is due this Friday for the Great Aussie Bush Camp excursion. We will be holding some fund raising activities next term to reduce the cost of further instalments.

Zone Cross Country

Good luck to Sam Thompson, Amy Thompson, Angus Higgins, Hugh Higgins and Connor Hodder, who will represent the school at the Zone Cross Country on Monday 2nd April. We wish them all the very best. Our team will be supervised by Liz Lemen a teacher from Cassilis Public School.

Easter Hat Parade

I hope everyone has been busy creating an Easter Hat for the parade on Tuesday 3rd April. All students are reminded that they must make the hat themselves with no or minimal assistance from parents. There will be prizes for the most creative hats in each

level. There will also be a prize for the best pre-school hat.

SRC Easter Raffle

By now, all families should have received raffle tickets to sell for the Easter Raffle. If you did not get tickets or require more, please ask at the office. All tickets, sold or unsold, need to be returned to school **no later than Monday 2nd April**.

Leadership Day

All students in Year 6 will have the opportunity to attend a Leadership Conference being held in Tamworth early next term. I have organised for the students to travel with students from the other small schools in the Upper Hunter, with teachers from Murrurundi to accompany them. I will send further information home as soon as it becomes available.

Reward Day

On Thursday 29th March, we will be holding a reward day for those students who have done the right thing during term and have not received an orange note. Mrs Parker has organised Go Go Golf for all classes. As the school funds this activity, there is no charge to the students.

Term 2

Monday 23rd April is a pupil free day, with teaching staff travelling to Muswellbrook to attend professional learning with staff from the other small schools in the Upper Hunter. SASS staff are heading to Pokolbin for their Staff Development Day. Tuesday 24th April - students return to school. Wednesday 25th April is a public holiday due to ANZAC Day.

Long Service Leave and Principal's Conference

I will be away from school four days this week. I am taking some long service leave on Monday and Tuesday for family reasons and will be attending the Principal's Conference on Thursday and Friday. During my absence, the class program will run as normal, with Miss Cavalot and Mrs Parker replacing me.

ANZAC Day

This year ANZAC Day falls on a Wednesday, the day after we return to school in Term 2. We would like as many children as possible to join the school captains (who will be laying a wreath) and march for Sandy Hollow this year.

Change of Dates

Please note there is a change of date to the 3/4/5/6 excursion. It will now be in Term 3, Week 2, 25th to 27th July. This change has taken place due to Zone Athletics being on 3rd August, and we have only just been advised of this date.

Christina Darlington
Relieving Principal

Raw Art

In week two of term two an artist from 'Raw Art' will be visiting our school. 'Raw Art' began in Queensland, however, it now provides visual arts programmes to some areas of NSW and this includes the Hunter. All the necessary materials and equipment for both workshops will be supplied to the children at a cost of \$7.50. Further information is attached to this newsletter.

Pauline Bullock
Co-ordinator

Weekly Awards

- ♦ Emily Pike - improved application.
- ♦ Olivia McLean - working well in all areas.
- ♦ Jessica Neale - consistent effort in class.
- ♦ William Stair - fantastic effort in AL.
- ♦ Harmony Blackhurst - always doing her best.
- ♦ Matthew Allen - being able to name and describe 2D shapes.

Workers of the Week

K/1/2 - Natasha Marsh and Cambell Hinze.
3/4/5/6 - Sebastian Owen, Jake Pike and Isabella Wallace.

Student of the Week



Jackson Stair - outstanding achievement in numeracy.