

# The simplest way

## to Shop on a Budget

### Five Quick Tips to saving \$\$\$

1. Create a weekly menu plan
2. Write a shopping list according to the menu plan
3. Compare prices
4. Buy fruit + vegies that are in season
5. Limit your purchases of pre-made snacks/meals



What's in season now?

There's lots of yummy fruit & veg available in Winter, like:

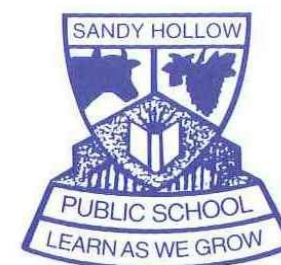
WINTER FRUIT	WINTER VEG
Apples	Beetroot
Bananas	Broccoli
Mandarins	Carrots
Navel Oranges	Celery
Avocados	Potatoes

For more information visit  
[www.eatittobeatit.com.au](http://www.eatittobeatit.com.au)  
 or join us at [facebook.com/eatittobeatit](https://facebook.com/eatittobeatit)



## Fun Food Day!

The P&C are holding a Fun Food Day on Friday 23rd August as part of our fundraising. Students are invited to pre-order a lunch of yummy fish and chips plus a milkshake in a variety of flavours. A note for orders will come home with students next week.



## SANDY HOLLOW SNIPPETS

"Creating Future Leaders"

Phone: 6547 4521  
 Fax: 6547 4450

7th August 2013

### Education Week

Congratulations to the following people who were recognised for their efforts at the official Education Week ceremony held at Merriwa last week.

Chelsea Borradaile – Leadership and displaying school core values.

Michelle Stennett – Contribution to breakfast club, assisting in the classroom and promotion of the P&C.

Ms Bullock – Dedication to ensuring students participate in a range of creative arts activities including dance, drama and visual arts.

Mrs Smith – dedication to assisting students in her role as SLSO.

We will be concluding Education Week on Friday with a picnic lunch and public speaking finals. Parents are invited to join us from 1.15pm.



### Parent-Teacher Interviews

All teachers are conducting parent-teacher interviews this week. It is not too late to book a time if you haven't done so already. Please speak to your child's teacher to arrange a time that is suitable.

### Public Speaking Finalists

Kinder - Riley Borradaile and Lucas Stair.

Year 1 - Cambell Hinze and Rhyme Anderson.

## DATES TO REMEMBER

### Parent Interviews Weeks 4 + 5

Picnic Lunch + open classrooms starting  
 at 1.15pm .. then at 2pm  
 Our Special Assembly Fri 9th Aug

Netball Gala Day at Merriwa  
 Fri 16th Aug

Raw Art Workshop money due 16th Aug

Enrolments are now open for  
 Kindergarten 2014.  
 Ring the school for details.

Canteen Monday 12th August  
 Shannon Wallace  
 Monday 19th Aug - Kim Kennedy  
 Next Toybox  
 Monday 12th August

### Claim the Date

- \* Fish + chip lunch 23rd Aug
- \* Raw Art workshop 26th Aug
- \* Mini Fete + Car Boot Sale 7th Sept



### **Zone Athletics Carnival**

Congratulations to all students who participated in the zone athletics carnival last Friday in Singleton. All students are to be commended for their behaviour both on and off the field. Many students achieved personal bests in a range of events. The following students performed exceptionally well:

Olivia McLean – 1<sup>st</sup> in Junior Girls Shot Put with a throw of 6.36m.

Olivia McLean – 2<sup>nd</sup> in Junior Girls Discus with a throw of 14.62m.

Hugh Higgins – 3<sup>rd</sup> Senior Boys High Jump with a jump of 120cm.

Hugh Higgins – who made it into the Senior Boys 200m finals.

Junior Girls relay team (Tylana, Bella, Olivia and Amy) who ran a time of 1:12.

P5 Relay team (Hugh, Angus, Connor and Sam) who ran a time of 1:07:03 to finish 2<sup>nd</sup>.

Thank you to all parents who helped with transport and assisted with supervision throughout the day. We are now waiting to see who has qualified for the region carnival in a few weeks' times.

### **Kindergarten Enrolments for 2014**

If you have a child that you would like to enrol at Sandy Hollow PS for 2014 please contact the office. We accept students who turn 5 up until 31<sup>st</sup> July 2014. Alternatively, if you know of someone who will be sending a child to school in 2014, please ask them to call the school and leave their details. We will be sending out information packs and invitations to our information sessions.

### **Mini Fete- Car Boot Sale**

Now that the election has been announced, we are able to confirm that we will be holding our mini fete/car boot sale on Saturday 7<sup>th</sup> September from 8.30 to 12.30. The students will be running some stalls and activities. Parents and community members are invited to hold their own stalls. Stall holder fees will be \$20, which can include power if needed. Please book your stall by contacting the school office during school hours. All money raised will help our students get to Canberra next year.

Christina Darlington  
Principal



Will



Hugh

### **Premiers Sporting Challenge**

Could all children please send completed log books for Premiers Sporting Challenge by 10th August 2013. Only those with log books which have been signed by parents will receive a certificate in term 4. If you have lost your log book card Google Premiers Sporting Challenge 2013, click on Primary Sporting Challenge, click on activity log and download appropriate grade.

### **What's Happening in 2/3**

In 2/3 we are very busy focusing on descriptive writing. Children have made a book title Who Am I? based on themselves and peers. Such descriptions include classmates' appearance, habits and personalities. They have also played

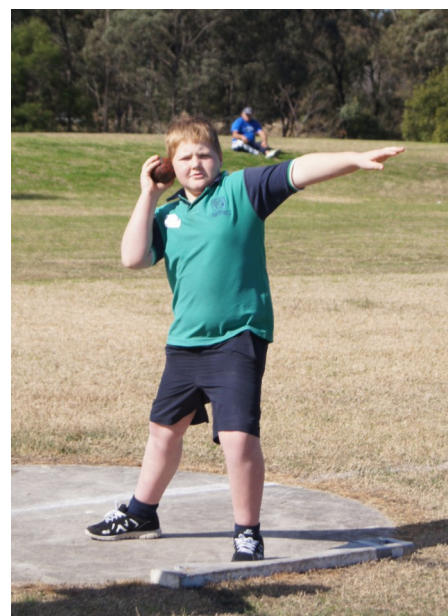
barrier games describing and drawing different objects and using adjectives referring to such attributes as size, shape, colour, texture and location. Later this term each member of the class will bring in a photo of something special to them to write a description.

In mathematics, Year 3 are completing work which involves rounding to 10, subtracting three digit numbers that have zeros, backtracking, finding equivalent values of money, tendering cash, giving change and how to make and follow a budget. By studying these topics the class will be able to complete an investigation which gives them a chance to spend \$1000 on gifts for family and friends. By using backtracking and closely monitoring their funds, students will come up with a list of carefully selected presents within their budget of \$1000.

In mathematics, Year 2 are completing work which involves multiplication, problem solving, groups and arrays, fractions and fractions as decimals, litres, comparing mass and kilograms. By studying these topics the class will be able to complete an investigation which requires looking after a neighbours property and working out how much dog food is required to feed three different size dogs and how many litres of water is needed for each dog. They are also required to substitute a water can for a two-litre container to work out how much water is required to keep the plants alive.

In Sport we have been focusing on developing our netball and touch football skills in preparation for the two gala days to be held later in August.

Tammy Parker - Teacher



Jackson

### **Weekly Awards**

- \* Attendance at Zone - Chelsea Borradaile, Amelia Harris, Hugh Higgins, Tylana Cox, Connor Hodder, Olivia McLean, Jackson Stair, Angus Higgins, Amy Thompson, Isabella Wallace, Jackson Whalan, Harmony Blackhurst, William Stair, Sam Thompson and Dustynn Turner.
- \* Chelsea Borradaile - writing.
- \* Tylana Cox - sportsmanship.
- \* Connor Hodder - improved application in reading.
- \* Nickolas Roberts - improved application.
- \* Shanay Turner - great results in maths assessment.

### **Workers of the Week**

K/1/2 - Dustynn Turner.

3/4/5/6 - Codi Marsh, Mia Gillespie and Jackson Whalan.

### **Student of the Week**



Abby Cooper - application in all areas.

### **Additions and Attachments**

- Some receipts.