

Breakfast Club

Our Breakfast Club coordinator, Irena, very generously donated to Sandy Hollow School a copy of the book "The Power of Humanity, 100 Years of Red Cross", as a thank you for participating in the breakfast club program. The gift was kindly accepted by our Captain Hunter Marsh and Vic Captain Jake Pike.



Drumming at Sandy Hollow

On Monday Issabella Berrigan visited our school for our first drumming lesson in a series of four this term. All the children were very involved in revising the rhythms they learnt last term.



Additions & Attachments

- Some receipts.
- Whooping cough information.

Whooping Cough warning

There has been a large increase in whooping cough notifications in NSW during 2014 and 2015. A large part of this increase has been among school-aged children.

NSW Health would like to provide information about whooping cough to parents and carers of children attending NSW schools.

We have been asked to include information in our school newsletter to encourage early diagnosis and treatment of those with the infection, and to help reduce the spread of infection in the community.

This information is also available on the NSW Health website:

<http://www.health.nsw.gov.au/Infectious/whoopingcough/Pages/Information-for-childcare-and-schools.aspx>

**Cancer Council NSW**

Nutrition Snippet

The simplest way

...to get organised for school lunches.

Over the course of your child's school life, you will pack around 2,500 school lunches!



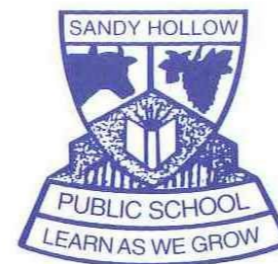
Follow our six-step method to make school lunches easy, healthy and eaten every day!

1. Always include a serve of fruit (cut up if your child is young)
2. Always include a serve of vegies (don't forget legumes like baked beans count, too!)
3. Always include a drink of water
4. Always include a serve of wholegrains (bread, rice or pasta leftovers)
5. Always include a serve of reduced-fat dairy (cheese, yoghurt)
6. Always include a protein (egg, chicken, tuna).

See our website and facebook for more ideas!

For more information visit
www.eatittobeatit.com.au
or join us at [facebook.com/eatittobeatit](https://www.facebook.com/eatittobeatit)





SANDY HOLLOW SNIPPETS

"Creating Future Leaders"

Phone: 6547 4521
Fax: 6547 4450

**Milo cricket money due tomorrow.
Thank you.**

28th October 2015

Sandy Hollow Public School is everything a great school should be. It has great staff, excellent students and supportive parents who come together to be much greater than the sum of their parts. I am thankful for the support I have had from the school community in my short time here and I have been privileged to be part of some enjoyable events including the Teacher Appreciation Day assembly, Bike Safety Day, Drumming workshops and the Cassilis Sports Day. A great school takes time and effort to create and the Sandy Hollow Public School community should be proud of what they have accomplished. It has been a pleasure to be part of such a wonderful community.

Year 7 Orientation

Year 6 students will attend the final Year 7 Orientation day at Merriwa Central School on Thursday, 29 October.



Upper Hunter Beef Bonanza

Brooster weighed in at 384kg and placed 3rd in Heat 2 of the Lightweight class. In parading Kristy placed 9th out of 128 competitors and placed 3rd in the Primary Judging section. Brooster will be judged *on the hook* later in the week. Kristy would like to thank everyone who has supported her throughout the year.

Michelle Walker

DATES TO REMEMBER

Drumming on Mondays

Book Fair

Mon 2nd Nov to Fri 6th Nov

Remembrance Day Wed 11th Nov

Canteen

November 2nd - Rebecca Logue

Nov 9th - M'liss Parkinson

Claim the Date

- Interrelate Denman PS Thurs 19th Nov
- Presentation Night Tues 1st Dec
- Swim School begins Wed 2nd Dec

Road Safety

Our Bicycle Safety Day was great fun. Students had the chance to test their skills through a variety of challenging activities and also listen to some excellent information delivered by Constable Sheree Gray the Police Youth Liaison Officer.

Glen Kite - Acting Principal



What's Happening in 2/3

This term in writing we are studying informative texts. The focus for the past two weeks and next week is learning to write an explanation. During this time we have focused on what an explanation is and the structure needed to write one. All children have identified the grammatical features needed to write an explanation and how these can be used to make their own writing more interesting and informative.

In English our focus is on 'The Wishing Well', a short story in the Book Mouse Tales by Arnold Lobel. During this time the class will be learning: how visual images add information to the story, how repetition in the story develops and adds to the character's emotions, how the author uses word choices to help us make inferences about the characters and how the author builds suspense to add the complication of the story.

During mathematics Year 3 are studying the investigation 'Follow Freddy'. In this investigation, students will take a hike through the wild rainforest and follow Freddy by using a set of complicated clues. Students will create their own adventure by designing their own map, writing their own clues and plotting a new path through the rainforest.

During mathematics Year 2 are studying the topic 'Dog Tales'. This investigation involves students to work out how much food is required to feed their neighbours dogs and how much water is required to water the neighbour's plants while they are away for

8 days. They experience a problem with the dog eating the watering can, so now they have to work out how many 2 litre ice cream containers are needed to water the plants. As a result of all their work they will then need to work out how much pocket money they will earn.

Mrs Parker - Class Teacher

Weekly Awards

- ◇ Abby Cooper - great use of speech in writing.
- ◇ Angus Higgins - helping others in maths.
- ◇ Dustynn Turner - demonstrating excellent persistence in maths.
- ◇ Andy Olive - improvement in reading.
- ◇ Marshall Hinze - demonstrating very good editing skills.
- ◇ Isabelle Pike - working diligently to complete all tasks.

Workers of the Week

K/1/2 - Riley Borradaile, Reagan Turner and Archie Johnson.

3/4/5/6 - Hunter Marsh, Kristy Walker and Nicholas Terrell.



Student of the Week

Hunter Marsh - excellent work in maths.



Sports Person of the Week

Andrew Harris - helping others in fundamental movements.

Kindergarten Orientation

Gabbie McLean, Kaylan Blackhurst-Marsh, Thomas McLean, Shykiah Walters and Isabella Wright attended school for their first full day at school last Wednesday.

The children's activities began with a focus on listening. What should we do to improve our listening skills?

They learnt firstly it is important to look at the person who is speaking, secondly keep your body still and lastly think about what is being said.

All the children's literacy, numeracy and craft activities involved them practising these skills throughout the morning.

This week during Kindergarten Orientation the children concentrated on the skills associated with: Using nice talk, saying please and thank you. This is taught by using the book 'John Brown, Rose and the Midnight Cat'. Also the children were involved in role plays and craft activities to enable them to grasp these concepts in a relaxed environment.

Following recess the children revised the day of the week covered last week. Through reading the story 'One Hungry Spider' they are introduced to numbers 1 to 10.

To conclude this session a variety of number games were played and rhymes shared.

Peer Support

Last Wednesday our peer support program began for 2015. Following lunch the entire school came together under the COLA where the children were placed into eight groups. The leaders for each of the activities are the Year 6 students. The leaders of each group are the Kinder's buddies.

Before the children start the activities they revise the social skill that the new Kinders learnt that morning, which was listening.

Through role play and discussion everyone familiarises themselves with *Look, Stay Still and Think*.

This week the focus of the week was: *Using nice talk and saying please and thank you*. All the children are encouraged by their group leaders to use these skills during the afternoon activities, which include egg and spoon races, target ball, hit ball, sack races, triangular balls, frisbees, blind ball and pom poms, and bank, river and ball games.

The staff will be reminding the children at school of how to effectively use these skills.

However, could we please ask you as parents to encourage your children to use these in their home environment. Then it will become an automatic response when they are mixing with other people. These strategies are outlined below.

Listening

Look - Discuss the importance of looking at the person who is talking. Point out that sometimes you may think someone isn't listening, even though he or she really is. These steps are to show someone that you are really listening.

Stay Still - Remind the children that staying still means keeping hands and feet still and not talking to friends.

Think - Encourage the children to think about what the person is saying, and be sure they understand if the person is asking them to do something.

Using nice talk and saying thank you skills.

Use a friendly look - Discuss how your body and facial expressions can give a friendly or unfriendly look. You may wish to act out different facial expressions and body posture to help the children identify what is friendly.

Using a friendly voice. - Tell the children that a friendly voice is an inside voice - not loud like you may use outside, angry or whining. Again, you may wish to act out different voice tones and volumes to help the children identify which ones are friendly.

Say thank you - Talk about nice things people do for you. Tell the children that saying thank you is a way to let someone know you are happy about what the person did for you.

Pauline Bullock - K/1/2 teacher

