

2014-2015

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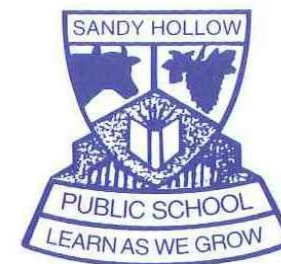


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16 June 2015**

FOR MORE INFORMATION & ASSISTANCE
 PHONE - Service NSW 13 77 88
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SANDY HOLLOW SNIPPETS

"Creating Future Leaders"

Phone: 6547 4521
Fax: 6547 4450

6th May 2015

GRIP Leadership Day

Years 5 and 6 travelled to Tamworth on Monday to attend the GRIP Leadership Conference. It was a fantastic and highly engaging day. The main messages included - standing up for opportunities, standing up for what's right, standing up for others and standing up for yourself. The students made some plans for a short term project - returning sports equipment and a long term project - beautifying the front of the school. They will finalise their plans and start working on their projects later in the term. A big thank you to Mrs Thompson and Mr Walker for providing transport.



NAPLAN

Next Tuesday, Wednesday and Thursday all students in Years 3 and 5 will participate in the NAPLAN assessments. Students need to ensure they have a good nights sleep each night and a hearty breakfast, so they are ready to concentrate and do their best.

Christina Darlington
Principal

E-mail: sandyhollo-p.school@det.nsw.edu.au
www.sandyhollo-p.schools.nsw.edu.au

Claim the Date

Sandy Hollow PS and
SH Progress Association Trivia Night
Saturday 30th May, starting at 6.30pm.
Book at table by ringing the school on
65474521
Or just turn up on the night!

DATES TO REMEMBER

Mother's Day stall Thurs & Fri this
week before school

Go Go Golf Thurs 7th May

NAPLAN tests Week 4

Stewart House donations Fri 15th May

Pie orders due Fri 22nd May

Eisteddfod Thurs 28th May

Trivia Night Sat 30th May

Canteen Next Monday

M'liss Parkinson
Monday 18th May - Beck Wardman

Next Toybox

Monday 18th May

Claim to Date

* Pittman Cup Wed 3rd June



Nutrition Snippet

The simplest way

... to add healthy snacks to lunch boxes

Kids have little tummies and need small amounts of food often. Try these simple + healthy snack ideas in your child's lunch box:

- Plain air-popped popcorn (without salt or butter) mixed with sultanas + dried apple
- Dried fruit snack packs: buy them ready made, or make your own at home in reusable containers
- Fruit salads: buy small tubs of diced fruit in natural juice, or cut up small pieces of fruit + make your own!
- Crackers + veg: Slice up some avocado or tomato + send with some rice crackers
- Little veggie bags: cherry tomatoes, capsicum, carrot and celery sticks
- Frozen fruit bags: freeze grapes, orange quarters or strawberries + then send to school!

Remember: kids love small portions, so cutting up fruit + veg will help make sure they don't bring it home at the end of the day!

For more information visit
www.eatittobeatit.com.au
 or join us at facebook.com/eatittobeatit




Parenting Ideas
<http://www.parentingideas.com.au/>
 Parent Magazine.html

E-mail: sandyhollo-p.school@det.nsw.edu.au
www.sandyhollo-p.schools.nsw.edu.au

Leadership Day

On Monday Years 5 & 6 travelled to Tamworth to take part in a Leadership Day Conference.

In the first session of the day we met a man called Ronan. Ronan talked about what we were going to do throughout the day and then he explained what a leader is. Once he covered this he explained about the loud noise boys - Andy and Karl. Andy and fKarl came on the stage and said hello. They both picked one side and Andy picked our side. Four people out of every side got to go on the stage. No-one from our school. They got to play a spelling game. We then had recess.

After recess we had another session. We had a girl called Rachel and she also did things about leadership. We did stuff about standing up when there is an opportunity, when it is right and for others and for yourself. We then had the loud noise boys again. After then we had another little session with a girl called Kristy. We then had lunch.

In the last session, we learnt a bit about planning. We learnt that with planning you have to have priority areas, you have to listen to other people, and you have to take action and you have to get your next steps ready.

At the end we had the loud noise boys and it was so funny. After the whole show was finished we got to have a photo taken up on the stage.

This was a great day. My favourite thing out of the whole day was the loud noise boys. They made everyone laugh so much. I would love to go there again.

Abby Cooper

On Monday year 5/6 travelled to Tamworth to participate in the GRIP Leadership day.

First we got to know what we were doing. Then we started off with a spelling game. All the games we played were fun, but at the same time we were learning how to be a good leader. Ronan was one of the hosts and he told us what leading was and how to be a good leader.

Next we had a break, then we went back in for 'loud noises'. Loud noises was run by Karl and Andy. It was a time where we could be really loud and do really fun activities. Loud noises was so funny and was my favourite activity. We did it 3 times, once in every session. In the afternoon we learnt how to stand up and what for. Some of the things are stand up for

others, stand up for yourself and stand up for what's right. We finished off with loud noises. It was so fun I couldn't stop laughing.

Right at the end we took a photo up on stage.

This was one of the best days ever and we were learning at the same time.

Amy Thompson

Weekly Awards

- Angus Higgins - fantastic contributions to ANZAC /Gallipoli discussions.
- Jacob Marsh - trying hard in numeracy.
- Isabella Wallace - fantastic effort in athletics.
- Riley Borradaile - working consistently in all areas.
- Kayden Adams - using great spelling skills when writing.
- Archie Johnson - fantastic reading.

Workers of the Week

K/1/2 - Bill Chambers, Declan Adams and John Ward.

3/4/5/6 - Natasha Marsh and Dustynn Turner.

Student of the Week



Darcy Wallace - working hard in class activities this term.

Sportsperson of the Week



Jobee McCandless - including others in her games.

From the P & C

Mother's Day Raffle

Don't forget to hand your raffle tickets and money into the school before this Friday to have a chance to win some wonderful prizes for Mum. If you are in need of more tickets just see Mrs Rose or Mrs Smith in the office.

Prizes are:

- Lunch or dinner for 2 at the Tourist Hotel
- \$50 gift voucher Big W
- \$40 gift voucher Precious Pieces
- \$30 gift voucher Sherryn's Beauty
- Basket of goodies.

Hunter Wine and Food Affair

The P&C would like to thank the following people who gave up their Saturday to pick up the wood at the Hunter Food and Wine Woodchoppers competition. Nicola Field , Peta-Jane Higgins, Anita and Brad Hinze, Jeannie and Mike Harris and Chris Stokeld. Also the following children did a fantastic job at helping too - Hugh and Angus Higgins, Amelia and Andrew Harris, Marshall and Cambell Hinze. Without these people volunteering, the P&C would not have received a substantial donation to go towards the children of our school. Also the P&C would like to thank Widden Stud for the loan of their Landcruiser and trailer, wheelbarrows, brooms and rakes etc. We really appreciate your generosity.

Reminder

The Sandy Hollow P & C Committee is holding a "Thompson's Pies" Pie Drive for a Fundraiser in 2015. All orders & monies need to be back to the office, no later than Friday 22nd May.

& PIE COLLECTION IS: **FRIDAY 12th JUNE from the School Library.** If you require any more info on this please ring Michelle 65475058.

Good Luck

Angus Higgins represents our school at the Regional Cross Country at Broadmeadow on Friday. We wish him the best of luck!



Additions and Attachments

- Some receipts.

AUSTRALIA' S BIGGEST MORNING TEA

Will be held on Friday 29th May 2015 at
the Sandy Hollow Hall

9am to 1pm

Everyone Welcome

Hostesses: Denise Cox and
Colleen Baas

