

Breakfast Club

We are looking for someone to do breakfast club every second Monday on the weeks Toybox isn't on.

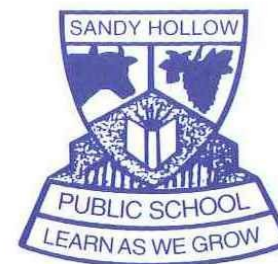
Also the fruit will be delivered on a Wednesday now.

Michelle Stennet

Co-ordinator

Progress Association Upcoming Events

- ◇ Moon Dance and Art Exhibition 29th August
- ◇ Boot/Garage Sale 3rd October



SANDY HOLLOW SNIPPETS

"Creating Future Leaders"

Phone: 6547 4521

Fax: 6547 4450

We are now taking enrolments for **Kindergarten 2016**. If you have a child or know of a child that turns 5 before July 2016 and you are thinking of sending them to Sandy Hollow, please contact the school to have their name added to our list.

An information package will be sent out later this term.

Our Kindergarten Orientation program will take place in weeks 1 – 8 next term.

22nd July 2015

Welcome back Mrs Parker. The students were very excited to see Mrs Parker back at school after a short period of leave.

PSSA Soccer

The PSSA soccer match will be played this **Friday 24th July at Maitland**. Thank you to all parents who have offered to drive.

We will leave school at 8.30 and return in time for the bus.

Please note the venue has been changed. We are now playing at Robin's Oval (inside Maitland Park) opposite the pool. It has a cream picket fence around it.

Zone Athletics Carnival

The Zone athletics carnival is being held at Scone on **Friday 31st July**. Katie Thompson is the team manager for the day, so if you have any problems please speak to her first. Thank you to the parents who have offered to drive.

Year 6 T Shirts

Notes have gone home for Year 6 to order their shirts. The orders are due back 7th August. As the students have chosen school colours, they will be able to wear their Year 6 shirts on any chosen day.

Middle Childhood Survey

Students in Year 6 will be participating in a survey about factors effecting later health, education and behaviour. It is being conducted by the University of

E-mail: sandyhollo-p.school@det.nsw.edu.au

www.sandyhollo-p.schools.nsw.edu.au

Nutrition Snippet



The simplest way

...to add vegies, every day!

Eating the right amount of fruit and veg can lower your risk of cancer by 5-12 percent. Yet most adults don't eat enough of either, particularly veg – and what adults eat affects the whole family.



Did you know legumes like baked beans are a type of vegetable?

Add legumes across your day to get some extra veg in:

- Baked beans on toast for brekky, or an easy dinner, or pack a small tin for lunch
- Add drained chickpeas to your salads
- Red Kidney beans make a tasty addition to bolognese sauce, add towards the end of cooking.

Eating vegies doesn't have to be complicated – aim for five serves a day, across your day.

For more information visit

www.eatittobeatit.com.au

or join us at facebook.com/eatittobeatit



P&C Meeting

This has been rescheduled for this week. Thursday at 2pm in the music room.

Additions and Attachments

- Term calendar
- Statement of account.
- Woolies Earn and Learn info.

DATES TO REMEMBER

P&C Meeting **Thurs 23rd July**
2pm in the Music Room
ALL WELCOME

Soccer **Fri 24th July**

Zone Athletics **Fri 31st July**

Touch Football **Thurs 6th Aug**

Education Week Assembly
Fri 7th August at 2pm

Canteen

Monday 27th July

Bec Wardman

Monday 3rd August - Rebecca Logue

Next Toybox

Monday 27th July

Claim the Date

- Progress Assn Moondance and Art Exhibition 29th August

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NSW in collaboration with Universities of Newcastle, Western Australia and Canterbury (NZ). The survey will focus on mental health and wellbeing. Students have been given a parent pamphlet which contains more detailed information regarding the survey. If parents do not want their child to participate in the survey, please return the opt-out/withdrawal form inside the front cover of the pamphlet. The survey will not be conducted until Term 4.

Art of Leadership

Next week I will be attending a three day course in Sydney on The Art of Leadership. The course is being conducted by the NSW Primary Principal’s Association. The course will allow me to work towards achieving my goals in my professional development plan (PDP). I look forward to reporting back and putting into practice everything I learn.

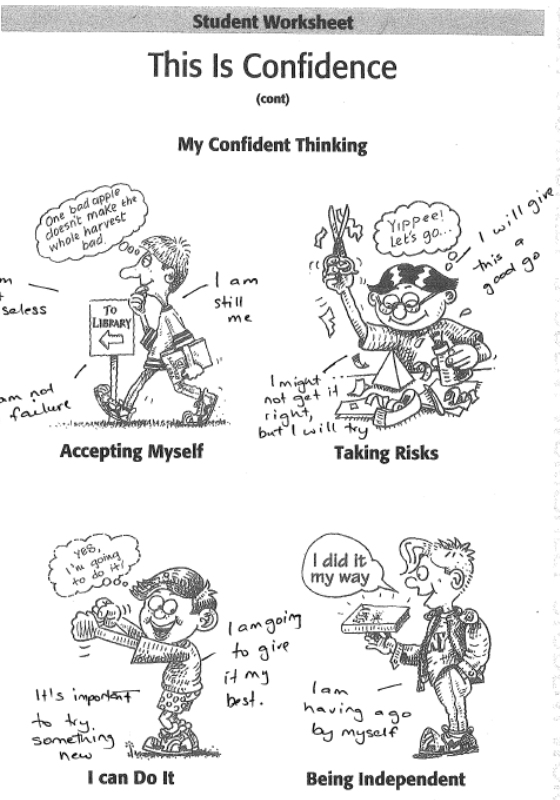
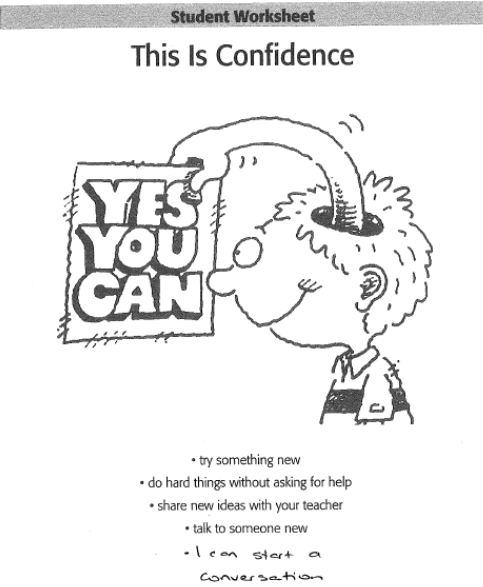
You Can Do It

This term in our welfare program we are focussing on confidence. Students have been introduced to some characters called Charlie Confidence and Worried William. Charlie Confidence likes to try something new, do hard things without asking for help, share new ideas with his teacher and is happy to talk to someone new.

Worried William is too worried about all sorts of things, so much so that it blocks his learning.

Students have explored some things that they can think about to make them more confident and be

just like Charlie Confidence.



K/1 students are calling these thoughts ‘Green Light’ thoughts while Years 2 - 6 are calling them ‘Confidence Builders’. Please encourage your children to be confident and ‘have a go’ at new and difficult tasks.

Christina Darlington
Principal

Class News

Our classroom program for Term 3 is up and running. In Literacy the students are learning about human impact on international environments - Macquarie Island; as they study a book called “one Small Island” by Alison Lester. They are completing this work under the instruction of Miss Clendinning. In numeracy, Year 4 have just finished off two investigations; Lengthy Leaps and Flicks Movies. They will now move onto investigating travelling around Australia where they will cover a number of maths concepts including adding large numbers, rounding off, estimating, using maps and measuring in kilometres.

Year 5 will be designing a cross word puzzle that will require the use of multiplication and division with 3 and 4 digit numbers.

Year 6 have just started investigating going on a holiday around the world, with four stops along the way. They will apply their skills in adding and subtracting decimals, discounts, operations with money, timetables, adding and subtracting time, international time zones and latitude and longitude. They will complete this work under the instruction of Miss Clendinning.

In PDHPE this term we will be focussing on eating vegetables and fruit and a balanced diet, safe use of the internet and bullying.

In HSIE this term, students are learning about Antarctica. We had an interesting discussion last week regarding the presence of polar bears. It appears that some students are still not convinced that polar bears do not live in Antarctica.

Our Visual Arts theme for this term is also Antarctica. Students will complete a variety of art works using oil pastels, watercolour paints and pencils and chalk.

A reminder to all students to make sure you check your supplies - thank you to those who have already done this. Every student in Years 4,5 and 6 are required to have:

- ⇒ A red pen
- ⇒ A blue or black pen
- ⇒ A lead pencil
- ⇒ A ruler (that is intact)
- ⇒ A pair of scissors
- ⇒ A glue stick
- ⇒ An eraser
- ⇒ A highlighter
- ⇒ A pencil sharpener.

Students are required to have theses items ready for use every day. It allows us to start the day without disruption. Students are being encouraged to BE ORGANISED!

Christina Darlington
Class Teacher

Parenting Ideas
http://www.parentingideas.com.au/Parent_Magazine.html

Weekly Awards

- Hunter Marsh - fantastic effort in Recount writing.
- Lilly Coen - trying hard to in placing adjectives in her writing.
- Xavier Coen - beautiful classroom manners.
- Austin Adams - excellent work in reading activities.
- Jobee McCandless - fantastic work on 2D shapes.

Workers of the Week

K/1/2 - Kayden Adams and Noah Adams.
3/4/5/6 - Amy Thompson and Andrew Harris.

Student of the Week



Reagan Turner - making our new children feel very welcome.

Sports Person of the Week



Nicholas Terrell - putting in 100% effort.