



SunSmart Snippet

The simplest way

...to be SunSmart!

Did you know that we need some sun exposure to make vitamin D for healthy bones and muscles?

UV levels are at their lowest in winter – meaning you should brave the cold and get some sun on your arms!

In June and July, most people need 20-25 minutes of sun exposure during mid-morning or mid-afternoon, or if you're in Southern NSW 30-40 minutes in the middle of the day.

Don't risk damaging your skin. UV levels can change from day to day. When UV levels are 3 and above, use sun protection.

Check UV levels for your local area on our free SunSmart App for smart phones, download from the App store or Google Play.

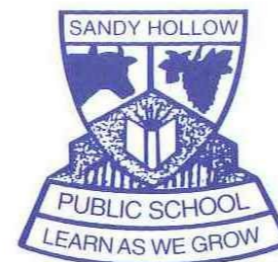
To help keep your kids safe, check your schools SunSmart status by heading to www.sunsmartnsw.com.au



Progress Association

Upcoming Events

- ♦ Boot/Garage Sale 3rd October



SANDY HOLLOW SNIPPETS

"Creating Future Leaders"

Phone: 6547 4521

Fax: 6547 4450

We are now taking enrolments for **Kindergarten 2016**. If you have a child or know of a child that turns 5 before July 2016 and you are thinking of sending them to Sandy Hollow, please contact the school to have their name added to our list.

An information package will be sent out later this term.

Our Kindergarten Orientation program will take place in weeks 2 – 8 next term.

2nd September 2015

Regional Athletics

Congratulations to our relay team, who are now headed to State athletics carnival in Sydney in October. Well done Angus Higgins, Sam Thompson, Amy Thompson and Hunter Marsh.

Congratulations to Bella and Hunter for making it to



the 100m finals, Andrew for coming 6th in discus, Angus for a great effort in the 800m and 200m and Bella in the high jump.

Tammy Parker - sports co-ordinator

DATES TO REMEMBER

Father's Day stall **Thurs 3rd and Friday 4th Sept before school**

Regional Spelling Bee **Mon 14th Sept**

Canteen

Monday 7th September

Megan Turner

Monday 14th September - Katie Roberts

Next Toybox

Monday 7th September

Claim the Date

- Last day term 3 Friday 18th Sept
- Progress Assn Boot/Garage Sale 4th October
- Students return for term 4 Tues 6th October
- Kinder Orientation begins Wed 14th Oct

Watch Out!! Lice About!
It has come to our notice that there are head lice around again. Please be vigilant, and do not send your children to school until they have been treated.
Thank you.

Little Sprouts

Last Friday the Kindergarten, Year 1 and Year 2 students travelled to Merriwa to participate in a day filled with book activities.

They dressed as people from a variety of countries and looked wonderful.

The day began with a play presented to the children by a theatre group from Melbourne. The colourful and humorous characters, engaging story and memorable songs in the adapted version of "Beauty and The Beast" enabled the children to become completely engrossed and thoroughly entertained.

Following this we walked to a variety of businesses within the town. Upon arriving at each we were read a story. It was wonderful that the Tourist Information Centre, IGA, Elders, CRT and Dr Jasem were able to spend this time reading to us in their busy day.

Marshall Hinze was presented with a book prize for the best dressed infants boy. Congratulations Marshall, we think it was that moustache!

I would like to extend a sincere thank you to M'liss Parkinson, Rebecca Logue, Rebekah Fulton, Megan Turner, Paul Thompson, Leanne Pike, Liz Cook and Katie Roberts for transporting the children and assisting throughout the day. This was greatly appreciated.

Also a huge thank you to Ms Higgins for all the organisation she undertook for us to participate in this day.

Pauline Bullock



Weekly Awards

- * Amy Thompson - 100% effort in HSIE
- * Kristy Walker - beautiful bookwork.
- * Sam Thompson - using a "You Can Do It" attitude in 50's club.
- * Tyson Marsh - working well during reading activities.
- *

Workers of the Week

K/1/2 - Reagan Turner and Austin Adams.

3/4/5/6 - Angus Higgins, Hunter Marsh, Nicholas Terrell and Darcy Wallace.

Student of the Week



Dustynn Turner -
100% effort in all areas.

Sports Person of the Week



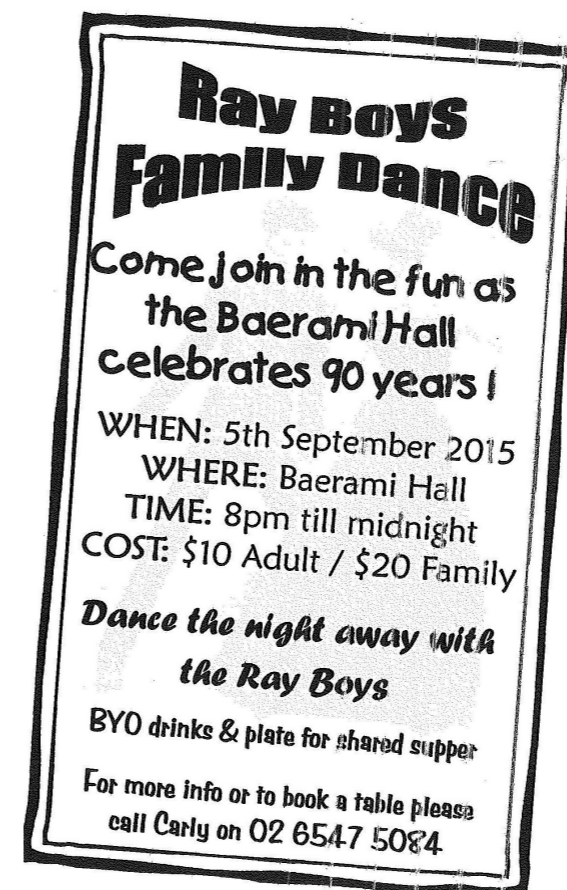
Riley Borradaile

Drumming

Issabella Berrigan visited our school again on Monday for our second drumming lesson in a series of three this term.

The younger children have been revising their skills to play the rhythms of "Zebra" and "Tiriba". The older children are extending their skills as they learn "Yankadi" and "Morembisa".

It was wonderful to see the children become confident to play the drums again. Our children who have never been involved in drumming also began to master these skills very well.



From the P&C

FATHER'S DAY RAFFLE

All children should have been given tickets for this year's Father's Day Raffle to buy. If any families would like more they are available at the office for collection. There are some wonderful prizes to be won for dad so please get your tickets in by this Friday. At \$1 a ticket they are good value and a great fundraiser for the school. The raffle will be drawn at this Friday's assembly. Please support this.

The next Trials event is scheduled for Sunday 6th September at "The Ranch" Martindale.

The organisers are unsure if the event will go ahead due to a lack of registered riders.

If you are available to help with the P&C BBQ, please call Rebecca on 6547 5005 or 0408 607 036 on Friday to find out if it is going ahead.

Rebecca Logue - co-ordinator

