

## NETBALL | FUN | FRIENDS | FITNESS Holiday Clinic Fun



**JOIN IN THE FUN!  
REGISTER YOUR CHILD  
IN A NETBALL NSW  
SCHOOL HOLIDAY  
CLINIC NEAR YOU!**

GREAT HOLIDAY FUN FOR CHILDREN AGED 5 TO 10

- 3-hour clinic run by accredited coaches
- Tailored to all abilities
- Learn and improve your netball skills
- Make new friends
- Get lots of exercise in a safe environment
- Receive a Netball NSW goodie bag; and Certificate of Participation

**ONLY \$40 PER CHILD**

**When:** Tuesday 12<sup>th</sup> April 2016  
**Time:** From 9:00am – 12:00pm with Registration at 8:30am  
**Where:** Singleton Netball Association  
**Address:** Rose Point Park, Rose Point Park Road, Singleton  
**Bring:** Healthy snacks, drink bottle, sunscreen and a hat

For further information or to register visit [letsplaynetball.com](http://letsplaynetball.com)  
Call (02) 9951 5000 or email [netball@netballnsw.com](mailto:netball@netballnsw.com)



### Netball -

#### Holiday clinic fun

Wednesday 20 April, 2016  
Muswellbrook Netball Association  
Karoola Park, Hastings Street, Muswellbrook 2333  
From 9am – 12pm  
Registrations close: Friday 8 April 2016

Tuesday 12 April 2016  
Singleton Netball Association  
Rose Point Park, Rose Point Park Rd, Singleton  
From 9am – 12pm  
Registrations close: Friday 1 April 2016

## March Events!

What's On @ your Denman & Muswellbrook Libraries

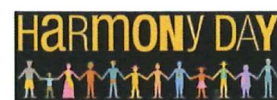
### Harmony Day @ your Library

#### 'Everyone Belongs'

Monday, March 21, 2016 @ 11:00am  
Celebrating Australia's cultural diversity; it's about inclusiveness, respect and a sense of belonging to everyone.

The library will be having a storytime and a craft activity.

Light refreshments will be served.



### Easter Egg Hunt @ your Library

Thursday, March 24, 2016 @ 5:30pm

Come and join us for our yearly Easter Egg Hunt at your Library. We will have some exciting activities and stories. Don't forget to bring along a friend!

Bookings essential.



## SANDY HOLLOW SNIPPETS "Creating Future Leaders"

Phone: 6547 4521

Fax: 6547 4450

23rd March 2016



### TERM TWO Nutrition Workshop

Everyone is  
welcome

The workshop is free to Sandy Hollow Public School and the Community.

Everyone is provided with practical, easy, budget-friendly ways to eat well for good health.

A time and date will be chosen from your suggestions.

P. Bullock

## NUTRITION WORKSHOP

**A FREE  
90 Minute Work-  
shop**

**Developed by  
Cancer Council  
Dietitians.**

**Practical advice  
for fussy eaters  
& ways to save  
money.**

**Lots of free  
resources for  
you.**

### SANDY HOLLOW PUBLIC SCHOOL

If you would like to attend please contact the school 65474521  
[Sandyhollo-p.school@det.nsw.edu.au](mailto:Sandyhollo-p.school@det.nsw.edu.au)

Suggest a time and date that suits you.

### You Can Do It – Confidence

This term, all classes have been focusing on being organised. This skill is much more than merely being ready to start the day.

Across the classes, we have covered many topics including:

- Arriving at school on time and hanging bags up.
- Returning lunchboxes, drink bottles and hats to our bags at the end of play.
- Handing in notes and money on time.
- Bringing all the necessary equipment to school.
- Having everything on your desk ready to start the day.
- Organising fruit break.
- Hanging out the flags.
- Returning sports equipment at the end of recess and lunch.

## DATES TO REMEMBER

**Zoo visit at Merriwa CS**

**Thurs 24th March**

**Cassilis Cross Country      Fri 1st April**

### Canteen

**Tuesday 29th March - Katie McLean**

Next Toybox - due to holidays etc  
**Monday 9th May**

### Claim the Date

- \* Easter 25th to 28th March.
- \* Last day Term 1 Friday 8th April.

## Upper Hunter Conservatorium of Music Newsletter

Number 2, March 2016



### Open Weekend Program

Saturday 2 April	Sunday 3 April
10:00am Public inspection permitted until 4pm Impromptu performances all day	(Please note - Daylight Saving concludes the night before)
11:00am Talk - <i>The Composer's Task</i> , Andrew Hermon	12 midday Doors open
12 midday Percussion masterclass, Adam Manning	Public inspection until 2pm Impromptu performances all day
12:15pm Early Childhood Music demonstration Launch of <i>Kindermusik @ the Con</i>	2:00pm Inspection Finishes
7:30pm Gala Concert - reserved seating, see inside for details	2:30pm Concert: <i>Conservatorium Comes to Campbell's Corner</i> - reserved seating see inside for details
Participating ensembles: Brass Ensemble, Orchestra, Conservatorium Choir, Hunter Youth Choir, Quintet, Junior and Senior Strings, Cello Ensemble, Percussion Ensemble.	Participating ensembles: Combined School Bands, Upper Hunter Concert Band and Jazz Band, Muswellbrook Shire Concert Band, Clarinet Choir, Denman Concert Band, Guitar Ensemble.
9:40pm Finish	4:30pm Finish

Email: [admin@uhcm.com.au](mailto:admin@uhcm.com.au) Web: [www.uhcm.com.au](http://www.uhcm.com.au)



- Handing in completed work.
- Completing work in a timely manner.
- Having a learning goal to work towards.
- Using a calendar to organise myself.
- Using a checklist to organise myself.

Each week, we have been rewarding students who are trying hard to develop their organisation skills with a class award.

How Can Parents Help at Home?

- Set aside a set time for homework.
- Ask child to put their homework straight back into their bags when completed.
- Give them the responsibility of packing their bags or finding their hats etc.
- Store notes in a safe place for easy retrieval.
- Remind your child to pack their library bag on library day.

Basically its about making your child responsible for themselves. If you would like further ideas, join the You Can Do It Parents Facebook page. It is packed with tips and handy information.

### Parent Online Payments

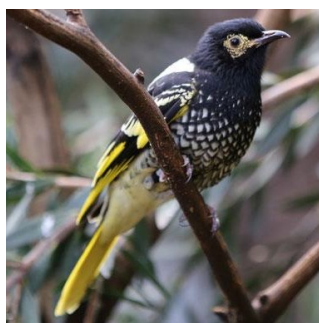
Parents are now able to make payments to the school online. On our webpage there is an icon on the toolbar [\\$ Make a Payment](#), and follow the prompts.

This process will give families a more convenient option for making future payments.

There is more information attached to this newsletter.

### Tree Planting

Year 5 will be travelling out to Worondi Road on Thursday 31<sup>st</sup> March to plant trees. This will be the third stage of the program from Taronga Zoo. Parts of the rail corridor are being rejuvenated so that there will be better options for the endangered Regent Honey eater. The students will return to school for a BBQ. Students and staff from Merriwa Central will also join us. The P&C will be cooking lunch.



### Premiers Reading Challenge

The Premiers Reading Challenge opened on March 7th. Any child from kindergarten to year 6 can register. Go to <https://online.det.nsw.edu.au/prc/home.html> for further details. The website will give you information regarding rules, suitable reading lists and tips for keeping on track. You can also download a reading log. If you do not have access to the Internet, please speak to Mrs Parker and she will organise to download the information you need. All children who achieve the challenge will receive a certificate at the end of the year.

It is not difficult to complete the challenge. Students in K-2 need to have 30 books read to them, while Years 3-5 need to read 20 books that are appropriate to their reading ability. The challenge closes in August. So get reading!

Christina Darlington - Principal

### Skoolbag Information

Apple is releasing the new version iOS 9.0 on the 16th September and we are pleased to confirm that your Skoolbag App will function fine on this iOS 9.0 update.

However for the first time ever, Apple has also released a public Beta version of iOS 9.1 which is due for release in a couple of months time. You should encourage your users to NOT install this version, because many apps do not work on it, including Skoolbag.

We will continue to monitor this beta version, but at this time, your users should not install it.

We will put a notice in your app, so users know about this issue.

The Skoolbag Team

### Canteen News

**Canteen will be on Tuesday 29<sup>th</sup> March** next week.

Please hand in your lunch order in a paper lunch bag, with your name as soon as you arrive at school. If you require a canteen menu, contact Jenny in the office. Unfortunately **Pizza's are still unavailable** from our supplier.

Katie

### Weekly Awards

- Mason Meyer - being organised.
- Rowdy Walters - improvement in maths mental.
- Reagan Turner - trying her best in maths.
- Tyson Marsh - working well in class.

### Workers of the Week

K/1/2 - Taylan Blackhurst-Marsh and Kayden Adams.  
3/4/5/6 - Shaneka Marsh.

### Student of the Week



Archie Johnson - for becoming an organised member of our class.

### Sports Person of the Week



Bill Chambers - effort and participation in touch football.

### Additions & Attachments


- Some receipts.
- POP (Parent Online Payment) information.


Nutrition Snippet

## The simplest way

...to make fruit and vegie snacks.

Snacks are an important part of a healthy diet for active children. And a great way to serve fruit and veg!



Try some of the following fun, nutritious snacks to help your kids eat more fruit and veg.

**For more great ideas and recipes visit [eatittobeatit.com.au](http://eatittobeatit.com.au).**

- Raw vegie sticks with homemade or shop-bought dip.
- Pumpkin scones or vegie pancakes.
- Celery boats (filled with reduced fat cream cheese + sultanas dotted on top).
- Fruit frozen paddle pops (thread pineapple wedges or banana halves on a stick and freeze).
- Apple crumble (stewed apple + muesli, baked).
- Poppletana (unsalted popcorn + dried apple + sultana = nibble mix).

For more information visit [www.eatittobeatit.com.au](http://www.eatittobeatit.com.au) or join us at [facebook.com/eatittobeatit](https://facebook.com/eatittobeatit)



### Baerami Trivia Night

To be held at  
**Baerami Memorial Hall**  
On 2<sup>nd</sup> April  
starting at 6.00pm

Please contact  
**Michelle Walker** if  
you are  
interested.

